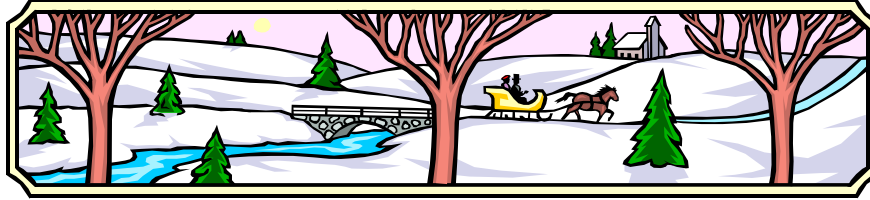


Camptonville Community



Courier

January 2004

Circulation 485

Vol. 8 No. 1

Holiday Twilight School

By Paula Sweeney

December's Holiday Festival was a great success! Many THANKS to all of the SELLERS, buyers and participants! Special thanks go to Connie Gross and Barbara Mueller-Hogan for organizing the ornament making craft class (many memorable ornaments will hang on Christmas trees years to come because of you two lovely ladies), to Jeannie Costa, Annie Prout and Patsy Prout who organized the bake sale and to Cathy LeBlanc who organized the carolers, which made the evening very festive! I hope all who attended found that special gift and enjoyed themselves this Twilight School Holiday.



For all the 2003 Twilight School participants, I'd like to personally thank you for your time, talent, donations and support for Twilight School. I wish you all a very happy and healthy 2004!

The next planned Twilight School will be February 10th 2004. Think HEARTS (for Valentine's Day) and please call the Resource Center if you have ideas, suggestions or would like to volunteer your talents in any way. The Resource Center: 288-9355.

See you February 10th!

Generosity

This year, as in the past, boxes of food, clothing, and toys were distributed to families in need of some Christmas cheer. The donations came from members of our community, the Dobbins Grange, and the churches of North San Juan. A big box of toys was delivered to town with the help of Officer Thys of the Nevada County CHP. Thank you to the many who contributed and helped out.



From the Courier staff
The Courier is starting its eighth year. Thanks for all the generous support from advertisers and readers.

P.S. Check out the free classified ads on page 8.

Camptonville Roots & Shoots beginning January 7th

By Audrey Bowman

I am excited to announce that Camptonville Roots & Shoots will hold its first meeting on Wednesday, January 7, 2004 at 3 pm in the Camptonville School Library. All interested children are invited to attend. Permission slips and letters were sent home with Camptonville School students. Children will need a signed permission slip to attend our meetings. A healthy snack and bus ride home will be provided.

Camptonville Roots & Shoots promises to be a fun and exciting learning experience. We will focus our activities in three service areas: 1. Environment, 2. Community, and 3. Animals. Some project ideas include: Making bat and birdhouses, nature journaling, gardening, habitat restoration at Oregon Creek and field trips. Please come and be part of this dynamic club where together we will make a difference in the world.

If you have any questions or want to learn more about Camptonville Roots & Shoots, do not hesitate to call or visit Audrey Bowman at the Resource Center 288-9355.

Published by the Newsletter Committee of the CCSD Auxiliary.

Address all correspondence for the Camptonville Courier to:

PO Box 32 Camptonville, CA 95922

Contact: Rod 288-3550, or Cathy 288-0913

Your Camptonville Newsletter Committee

Roger Rapp (world correspondent), Cathy LeBlanc, Bob Carpenter, Rod Bondurant, Joan Carpenter, Rochelle Bell, Yana Slade

Local business news

Something new is brewing in Camptonville... **Willie's Pizza Garden & More.** We would like to thank Mary Krolick for her many years of pizza making. As of the 20th of December Mary has retired and handed the reins of Lost Luigi's over to the Wilcox's. With a short down time the doors will re-open approximately the second week of January. With a few changes to the menu and the same great pizza we look forward to seeing you all real soon.

Families with children are now warmly invited to JR's. Owners Doug and Sandy have changed the license to allow children at the restaurant. They are open Thursday through Mondays for the winter. Look for the old photos they framed and placed on the wall. You may recognize some local folks from the past.

Martial Arts

By Cathy LeBlanc

J. Perry of Perry's Full Circle Samba came to Twilight School last month. About fourteen kids 6-12 years old signed up wanting to learn martial arts. J. Perry is planning to start one hour classes starting Tuesday evenings in January 6-7pm, to be held at the Camptonville School Gym with an introductory offer of \$25 per person per month. If there is enough interest he will start an adult class following at 7-8pm. If anyone is interested you can call J. Perry and leave a message at 270-8079 or come by January 6th.



Steve Kelly's 2-3 class performed at the school Winter program. The program this year was a medley of songs, drama, music, sign language, dance and video.

**Free
Sign Language
Lessons**

from Helene Riley

Continuing in the Parent Center behind the school on Fridays from 6 to 7pm.
Call Helene @ 288-0726

Fun family event January 10th

By Shirley DickKard

Camptonville families are invited to come on down to the Marysville area on Saturday, January 10, for the *Family F.A.C.T. Fair* from 2-5 pm at the Olivehurst Community Center. Our Camptonville Collaborative is helping put the event on, which is sponsored by the Yuba Community Collaborative for Healthy Children to bring "Families and Communities Together" – F.A.C.T. Collaborative sites from around the county will have fun activities (we're doing puppets), as well as free food, the Yuba County Book Buggy, and a raffle for family activities such as free dinners, movie rentals etc. This is a wonderful opportunity for Camptonville children to experience the diversity of our county, and interact with families of Hmong and Hispanic backgrounds. For information, or if you'd like to carpool, call the Resource Center at 288-9355. (Location: 4979 Olivehurst Ave, downtown Olivehurst, south of Marysville).

Santa came to town

By Rochelle Bell

The Camptonville Christmas club continued a forty-year tradition of bringing Santa to town. He was given a lift to Camptonville by Jim Esry in the fire truck. Santa talked to and delivered gifts to all the children waiting at the school. He was helped by Georgette Fowler and her many elves, including Kayla, Becky, Sandy, Ambrosia, Barbara Hensley, and Barbara Hogan. Cookies and hot cocoa were served.

The community helps throughout the year by donating into jars at local businesses, buying raffle tickets, making cash donations, and buying the luscious baked goods at school bake sales. Santa could use your help in these tough economic times – so let's all give a little bit during the year to keep Santa's helpers busy preparing for next Christmas.

Neighbors helping neighbors:

Community emergency response team training begins.

By Audrey Bowman

The Community Emergency Response Team (CERT) training will begin on Monday January 12 from 6:30-9:00 p.m. CERT training is free and anyone interested is invited to attend. The CERT course consists of 8 trainings which will take place on Monday evenings (we won't hold training on President's Day weekend) in the Camptonville School auditorium/cafeteria. The Red Cross will be providing this course so that we can form our own Camptonville CERT. CERT is made up citizens who are trained and organized to respond in the event of a disaster. Many times fire and police can be overwhelmed or isolated during a major disaster and it is up to citizens to care for themselves until help arrives. During non-disaster times CERTs may, for example, help their neighbors with disaster preparedness or assist with community events. The more trained neighbors we have participating the more successful CERT will be in Camptonville. This is about Camptonville neighbors helping each other so please consider attending the Community Emergency Response Team training.

Anyone wanting to attend should contact Audrey Bowman, CERT Coordinator, at the Resource Center 288-9355 so we can prepare materials for you.



Transitions

Kristin Mumm (Mrs. Music) died Sunday, December 14, at home with her family. She was 62.

Kristin was born on June 15, 1941, in San Bernardino, California, to Billie and Ray Dahlstrom. In 1963 she received a B.A. from Scripps College in music, humanities, and international relations, and later earned her Master of Fine Arts in Vocal Performance from Mills College. She also studied piano throughout her life.

For the last twenty-three years, Kristin taught music, home study, and kindergarten through eighth grade at Camptonville School and the Twin Ridges Elementary School District. Prior to moving to the Sierra foothills, she was the head of the music department for Downer Junior High in Richmond, California, where she taught choir, guitar, English, and reading. Kristin also privately taught voice and piano. She produced countless school programs, recitals, and musicals, and worked passionately to bring a love of music and learning to all her students.

A devoted mother, Kristin dedicated herself to supporting the dreams and aspirations of her son and daughter, and through her loving support and tireless efforts enabled them to succeed in their chosen careers. She was a wonderful mother, teacher, and friend.

Kristin's family will miss her greatly, including her extended family of students, friends, and colleagues. Her caring and giving spirit touched all that knew her.

A community memorial and potluck meal will be held at eleven-thirty a.m. at the Oak Tree School lodge, on Sunday, the 11th of January.

You shall always be near us; in the gladdest days and in the darkest nights, always, always, and if there be a soft breeze upon our cheeks, it will be your spirit passing by...

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Mental health news

From Nancy & Yana

Poem by: Samir Shukla
 NEW YEAR THOUGHTS

We have seen the passing of another year.
 For many it has been filled with pain and tears.
 We have seen our loved ones in their decline.
 We have had to accept that they will not be fine.
 Some of us had to say good-bye,
 To a long time loved one,
 And we have all cried.
 But there have been times in this past year
 That certain events have brought us cheer.
 There are so many friends that are on the list,
 But better friends I could not have bought.
 And here is just a New Year's thought.
 If it were possible that a wish could come true,
 Then this is my New Year's wish for you.
 May the coming year be full of hope,
 And may we be given the strength to cope.
 Let courage, faith, and patience abound.
 And let us pray that a cure will be found.
 And now at the close of another year,
 My friends, I wish you a Happy New Year.

Heather K. Morrison
 Forestry & Horticultural Services
 Forester, R.P.F. #2681
 Pest Control Advisor, P.C.A. #03027
 P.O. Box 339 (530) 288-3531
 Camptonville, CA 95922
 heatherkmorrison@sbcglobal.net

haircut's, highlight's
 & perm's
 by JEANNIE 288-0220

Advocacy

By Cathy LeBlanc

I was at the California State Rural Health Conference the morning of December 3rd in Sacramento. The day was titled Legislative Day. It was also the day that our California Senate Budget Committee was holding an "extraordinary" session on budget proposals made by the new Governor. So I asked myself how would my time be better spent? Should I sit and listen to the afternoon speakers at the conference or should I weigh in sentiment personally by giving senate testimony at the Capitol? Well you can guess what I did. I went down to the capitol.

I visited our Senator Aanestad's office and spoke with his legislative director Rosalie Thompson about the importance of keeping Healthy Families insurance intact and not cutting MediCAL insurance or any health provisions that rural families especially, rely on.

I was even armed with great statistics from the Rural Health Conference, such as:

The rural population is increasing more than the state as a whole, up 12% from last year.

32% of the Healthy Families enrollees and 28.4% MediCAL clients live in rural counties even though we have only 10% of the states population.

12.5% of rural folks have no medical coverage.

The rural population is getting older

One in five rural folks are smokers

One in four are former smokers

All of which could be setting us up for much needed chronic care in the near future. Rosalie said, (reciting the Mantra) "all programs across the board will be cut. It's the only fair way".

I mentioned the "T" word, suggesting that raising taxes is a fair way also because that way all people who also buy things have an opportunity to help solve the problem even low income folks "

She said she receives calls from other constituents who aren't low income saying don't raise taxes. She reminded me that Sam has been pretty progressive with concern to health care. (He is also a dentist in Grass Valley) and she would pass the information on him. SO YOU can see how important it is to call in.

Then I proceeded to Assemblyman Keene's office - the door was locked. Interesting to note since he is in charge of the deficit health bond bill. So I left my card with a note on the back.

The hearing started late. But Senator Chesboro also noted that the committee would not be voting on any specific bills today. Sadly, I was not able to stay to give testimony. Before I left, one Senator in particular, Soto, brought the point home saying, " I am concerned about cuts that affect the elderly and CHILDREN, how can you support that? **We need solutions with a heart.**"

With that in mind Jean Ross, the executive director of the California Budget Project, made a good point that the state of California has the 5th largest economy in the world. "We are not overspending we are under taxed."

Remember, your voice counts.



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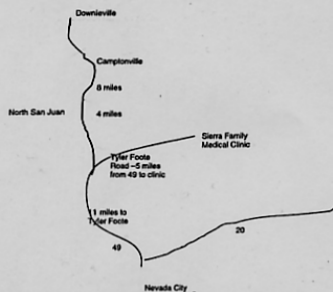
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Free medical and dental services

If you have no insurance and you meet financial eligibility you can receive services at either the Sierra Family Medical Clinic or the Oregon House Clinic. When you make an appointment ask to be screened over the phone for the Camptonville Rural Health Grant.

Free counseling

If you have no insurance and meet financial eligibility requirements, you can receive up to 10 free sessions with the following counselors: Jennifer Sale 292-3478, Geeta Dardick 292-3059, Tom Young 265-3307, Yana Slade 478-6943.

Either call the Camptonville Resource Center 288-9355 to see if you meet the eligibility requirements or call the therapist of your choice and they will screen you over the phone. You do not have to give your name. Tell them you are interested in the Rural Health Grant. Know a counselor you would like to go to? If they are a licensed counselor, tell them to call Yana Slade 478-6943 to be added to the provider network. All sessions are confidential.

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Physician Assistant
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Camptonville's Christmas cookie exchange

You say cookie exchange? What do you do, exchange a cookie with your neighbor for the cup of sugar you borrowed to make the cookies? Not exactly. This is how this year's, 1st Annual Camptonville Cookie Exchange went. Host & Hostess, Audrey Bowman & Phil Wilson were eager to have friends & neighbors join them in their new home, (Autio's old place) delightfully decorated for the holidays. Six families participated, which meant each family brought 6 dozen cookies wrapped with a copy of their recipe attached. After munching on goodies supplied by all and enjoying Phil's espresso & Audrey's Champagne punch we got down to "business". Each family gathered up a total of 5 dozen cookies, (1 doz. from each family participating); then we told stories of the cookies we brought. Sometimes the stories are funny, like what happened while baking; or how many mistakes you might have made during the process or simply hand-me-down type of family recipes & holiday spirits.

Needless to say we did not sit around and eat the cookies....'cuz there were other munchies we were all able to enjoy. As for the 'extra' dozen, (you all did your math right) those were donated to various families within our community that needed a little extra cheer during the holidays.

Hope this is something we can enjoy again next year, with even more families joining in. Happy Holidays to all and a big thank you to Audrey, Phil, Glow & Daisy.

Courier Classified

Experimental program: free classified ads. Call 288-3550 to place yours.

Free Sears electric range **Gone to a new home**

Free bunk beds, metal framed **Gone to a new home**

Mountain bike for sale

Kid's size Giant MTX, 20" wheels, six speed
\$100: 288-0519


Kikko magnet pad by Niken, single bed size, like new \$90: 288-3557

Dependable senior needed for house and pet sitting, approx. 5 nights a month: 288-0707

Medical back office person

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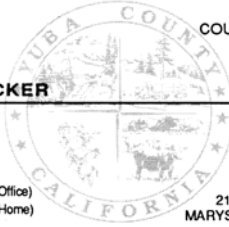




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▪ Trying to make Camptonville Fire Safe

Downieville District

By Betty Leffew

We have been grooming in the high country for the last week. We have about 2 feet of snow in the Lakes Basin area. For up-to-date information on the status of the snow trail system, feel free to call the ranger station. We have plenty of the free Winter Recreation maps. Come in and pick one up and enjoy some winter fun.

Campgrounds continue to be in winter status, no services, no fee. Dark Day Campground and picnic area is closed. The boat ramp is open.

Burn permits are no longer needed for dooryard burning. You still need to check the Department of Air Quality for burn day status. During business hours, call North Yuba. After hours or on weekends please call the appropriate number:

Yuba County east of Bullards Bar

(Camptonville): 289-3662 or 274-7928

Yuba County west of Bullards Bar: 743-1189

As of December 23rd we had 18.28 inches of precipitation. 11.15 from December alone. Last year at this time we had 26 inches. Please be careful out there. We already have had several accidents.

CanWORK

By Cathy LeBlanc

The folks at CanWORK are looking forward to the New Year. Many parents are attending college. As a group we realize that education is a true way to realize our families hopes and dreams. Once folks receive a degree, finding employment that is at a living wage becomes much easier. We have also expanded our scholarship research to help defray the cost of higher education.

One other area that our local folks are interested in is the care of our seniors. We know there are many opportunities for volunteerism and employment working with seniors that range from being mentored, to yard care, to home and health care. Nancy Niccoli is gathering the data we collected at the Senior Care Forum and soon we will have a "next steps" meeting for the group to work on with the community.

Remember, CanWork is available to anyone in the community seeking employment or education information or skills. For more information call Cathy or Jeannie 288-9355.

Burned up

By Rod Bondurant

An old ritual comes to an end. I recall that one of my household chores, when I was old enough to be trusted with fire, was to burn the trash each week. I fondly remember in the winter warming myself, standing in the smoke... Now I find out that this is one time I should not have inhaled. Burning trash was not a healthy thing to do even then and has become more hazardous as we throw out more plastic items.

Trash burning is no more. Effective Jan 1st, the state made it illegal to burn household trash or to use a burn barrel at all. Dry natural vegetation can still be burned in an open pile (only on burn days of course).

Why? I looked on the internet and found lots of web sites regarding trash burning, official government and others. Many states banned trash burning and barrels long ago.

The issue with burn barrels seems to be that they produce an oxygen-starved, low temperature fire. This results in lots of toxic stuff being released into the air. Fire guys, like CDF Chief Jim Stuller are concerned about the barrel ban. He said, in an article in the Appeal-Democrat, "My biggest concern is people will not have any way to burn their trash safely.... They're going to burn in the open. If they don't have any way to burn it, they'll dump it someplace," he said. "It's an air quality issue. It's out of our hands.... It will add to our fire problems in the foothills. If they're not burning in a barrel, those embers will blow off anywhere."

Why can't we burn our trash? Plastic.

Here's what the California Air Resources Board says on their burn barrel page <http://www.arb.ca.gov/smp/resburn/resburn.htm>. "The (Federal) EPA has identified residential waste burning as a major source ...of dioxins). Dioxins in particular are the most potent carcinogens identified to date by the ARB as toxic air contaminants. In addition to dioxins, many other toxic air contaminants are generated from residential waste burning, These toxic air contaminants may result in substantial health impacts, ranging from headaches, dizziness, rapid heartbeat, liver and kidney damage, to cancer. Other air pollutants found in smoke produced from residential waste burning include carbon dioxide, oxides of nitrogen, and particulate matter. Most of the particulate matter emitted from residential waste burning is small enough to be inhaled and can be especially harmful to people with existing respiratory illness, the aged, and the very young."